



SEND Newsletter

Summer Term 2024

Welcome to the Summer Term edition of our SEND newsletter.

Upcoming SEND Coffee Afternoon

Monday 10th June 2024

Time: 1:45pm to 2:45pm

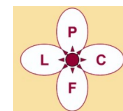
Where: Long Sutton Primary Academy

Session Content: We will be joined by our Educational Psychologist, Dr Lise Griffiths, for this session. She will focus on de-escalation strategies along with The Nurtured Heart Approach.

To confirm your space, please email Mrs Arnold on:

senco@lsn.keystonemat.org

Lincolnshire Parent Carer Forum



Supporting Learning in the home

Date: **13-05-2024** Time: **19:00 - 20:00**

This webinar is brought to you by the Lincolnshire Behaviour Outreach Service (BOSS), in collaboration with LPCF. The focus of the webinar is to provide you with strategies to manage your child's behaviour at home and reduce the risk of going into crisis. [LPCF Booking \(lincspcf.org.uk\)](https://lincspcf.org.uk)

Juggling the Joys of Parenting - Resilience

Date **13-06-2024** Time **11:30 - 13:00**

Are you a parent, grandparent, carer, relative or friend of a child/adult with special needs or a disability? Yes? ...then these workshops are a must for you!

This series is aimed at parent carers who wish to have fun, meet other parent carers that want to make life easier and learn new strategies that can make a very real difference. [LPCF Booking \(lincspcf.org.uk\)](https://lincspcf.org.uk)

Our SENCo

The SENCo at our school is Mrs Amy Arnold.

Email: senco@lsn.keystonemat.org

Telephone: 01406 393392

Useful Contacts



ADHD Lincs is a registered charity which provides support and information to families and individuals who are living with Attention Deficit Hyperactivity Disorder (ADHD) and associated learning differences. They are committed to raising awareness of ADHD and educating the public and professionals about the impact of ADHD to realise their full potential. www.adhdlincs.org



Sleep Seekers
LIVING WITH ADHD 24/7

If you are a parent of a child with ADHD and experiencing extreme or regular sleep disruption and tiredness, **you are not alone!** Sleep is central to a child's wellbeing and children need about nine to ten hours of sleep a night, but this is easier said than done! This website is designed to support children with their sleep and to help create healthy sleeping habits.

[SleepSeekersAW2 \(addiss.co.uk\)](http://addiss.co.uk)



DID YOU KNOW?

**Did you know
Daniel Radcliffe
is dyspraxic?**



**"It has never held me back.
Some of the smartest people
I know are people who have
learning disabilities"**

- Daniel Radcliffe, Actor

www.neurodiversityweek.com

**Did you know
Emma Watson
has ADHD?**



**"I don't want other people to decide
what I am. I want to decide that for
myself"**

- Emma Watson, Actor / Activist

www.neurodiversityweek.com

**"I have Aspergers
and that means I'm
sometimes a bit different
from the norm. Given the
right circumstances being
different is a superpower"**



- Greta Thunberg

www.neurodiversityweek.com

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Satoshi Tajiri

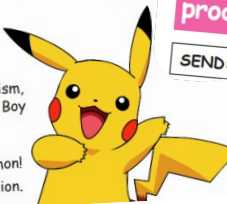
Pokémon Inventor

SEND: Asperger's Syndrome

Satoshi Tajiri may not be the most famous name on our list, but there's no doubt that you will have heard of his creation.

Diagnosed with Asperger's Syndrome and Autism, Tajiri grew up with a love of Nintendo's Game Boy and a passion for insect collecting.

He later went on to combine the two into an innovative new Game Boy release called Pokémon! Pokémon is now reported to be worth \$15 billion.



Justin Timberlake

**Singer, song writer,
producer, and actor**

SEND: ADHD and OCD



SCHOOL WEBSITE

Don't forget to take a look at the SEND section of our school website. Here you will find SEND documentation and links to outside agencies.

www.luttonstnicholasprimary.org/info/SEND.html

INSPIRATIONAL QUOTE

KINDNESS
is a gift
everyone can
afford to give.

UNKNOWN

STORIES by STORIES



Virtual Autism Hub

WHAT IS THE VIRTUAL AUTISM HUB?

The Virtual Autism Hub is an innovative source of all age autism support to empower autistic people and their parents/carers. We work closely with community groups and organisations to strengthen support for autistic adults, children and young people and parent/carers, increasing the range, breadth and reach of these groups.

We have Specialist Autism Navigators who work directly with people across the county to help them access statutory services and other local support. This support is non-clinical and includes advice, signposting to local groups and services, information about autism and diagnostic pathways, as well as some practical support with things like filling out forms or accompanying to first meetings.

WHAT IS THE PURPOSE?

To enhance the non-clinical community support available to autistic people of all ages and their parent/carers. Their funding comes from Lincolnshire ICB (Integrated Care Board, previously called CCG) whose job is to plan services & allocate the NHS budget i.e. commission services.

WHAT ARE THEIR ORIGINS?

Lack of support available to many autistic adults & parent/carers who have low-level needs. Lots of people on waiting list of diagnosis, needs might increase while waiting. Little information & advice available after diagnosis aside from a few unfunded, over-stretched, volunteer-led support groups.

So sometimes problems get worse & family enters crisis unnecessarily.

Their services go beyond statutory requirements.

Model co-produced with local autism community e.g. community members gave a strong steer that diagnosis shouldn't be needed to access Virtual Autism Hub.

HOW CAN THEY HELP?

1. Will provide info & advice about statutory services & voluntary sector support.
2. Practical help e.g. accompany people to initial meetings, assist them to fill in forms.
3. Service for autistic adults & parent/carers of autistics of all ages.
4. Open door policy, no referral needed.
5. Step in, step out support as needed. Can return to service with future issues.



AVAILABILITY

- A Specialist Autism Navigator will be on duty Mon-Fri 9am-5pm.
- Available for appointments if needed weekday evenings & Saturday.

LIMITS TO SERVICE

- Support for parent/carers & autistic adults only, not professionals.
- Not a clinical, emergency or crisis service.
- Can't 'case hold'.

HOW CAN I CONTACT THEM?

Email:

lpft.virtualautismhub@nhs.uk

Phone:

01522 458588

Phone calls are monitored less frequently than our inbox, e-mail is the primary area for contacting them.

Address:

Virtual Autism Hub
LPFT
Unit 3, Trust HQ
St George's Site
Long Leys Road
Lincoln

LN1 1FS